viShNu sahasranAma stotram

garuDa purANa

rudra uvAcha

samsara-sAgarAd ghorAn-muchyate kim japan prabho |
narastanme param japyam kathaya tvam janArddana || 1 ||

hariruvAcha

Ishvaram paramam brahma paramAtmAnam-avyayam |
viShNum nAmasahasreNa stuvan mukto bhavennaraha || 2 ||

yat pavitram param japyam kathayAmi vruShadhvaja |
shruNuShvAvahito bhUtvA sarvapApa-vinAshanam || 3 ||

vAsudevo mahA-viShNur-vAmano vAsavo vasuh |
bAlachandranibho bAlo balabhadro balAdhipah || 4 ||

balibandhanakrid-vedhA vareNyo vedavit kavih |
vedakarttA vedarUpo vedyo vedapariplutah || 5 ||

vedAngavettA vedesho baladhAro balArdanah |
avikAro vareshashcha varado varuNAdhipah || 6 ||

vIrahA cha bruhadvIro vanditah parameshvarah |
AtmA cha paramAtmA cha pratyagAtmA viyatparah || 7 ||

padmanAbhah padmanidhih padmahasto gadAdharah |
paramah parabhUtashcha puruShottama Ishvarah || 8 ||

padmajanghah punDarIkah padmamAlA-dharah priyah |
padmAkShah padmagarbhashcha parjanyah padmasamsthitah || 9 ||

apArah paramArthashcha parANAncha parah prabhuh |
paNDitah paNDitebhyashcha pavitrah pApamardakah || 10 ||

shuddhah prakAsha-rUpashcha pavitrah parirakShakah |
pipAsA-varjitah pAdyah puruShah prakruti-stathAh || 11 ||

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pradhAnam pruthivIpadmam padmanAbhah priyapradah |
sarveshah sarvagah sarvah sarvavitsarvadah parah || 12 ||

sarvashcha jagato dhAma sarvadarshI cha sarvabhrut |
sarvAnugraha-kruddevah sarvabhUta-hrudisthitah || 13 ||

sarvapah sarva-pUjyashcha sarvadeva-namaskrutah |
sarvasya jagato mUlam sakalo niShkalo~nalah || 14 ||

sarvagoptA sarvaniShThah sarvakAraNa-kAraNam |
sarvadhyeyah sarvamitrah sarvadeva-svarUpadhruk || 15 ||

sarvAdhyAyah surAdhyakShah surAsura-namaskrutah |
duShTanAnchA-surANAncha sarvadA ghAtako~ntakah || 16 ||

satyapAlashcha sannAbhah siddheshah siddhavanditah |
siddhasAdhyah siddhasiddhah sAdhyasiddho hrudIshvarah || 17 ||

sharaNam jagatashchaiva shreyah kShemastathaiva cha |
shubhakrucChobhanah saumyah satyah satyaparAkramah || 18 ||

satyasthah satyasankalpah satyavit-satyadastathA |
dharmo dharmI cha karmI cha sarvakarma-vivarjitah || 19 ||

karmakartA cha karmaiva kriyAkAryam tathaiva cha |
shrIpatir-nrupatih shrImAn-sarvasya patir-Urjitah || 20 ||

sa devAnAm patishchaiva vruShNInAm patirIritah |
patir-hiraNya-garbhasya tripurAnta-patistathA || 21 ||

pashUnAncha patih prAyo vasUnAm patireva cha |
patir-AkhaNDalasyaiva varuNasya patistathA || 22 ||

vanaspatInAncha patiranilasya patistathA |
analasya patishchaiva yamasya patireva cha || 23 ||

kuberasya patishchaiva nakShatrANAm patistathA |
oShadhInAm patishchaiva vrukShANAncha patistathA || 24 ||

nAgAnAm patirarkasya dakShasya patireva cha |
suhrudAncha patishchaiva nrupANAncha patistathA || 25 ||

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gandharvANAm patishchaiva asUnAm patiruttamah |
parvatAnAm patishchaiva nimnagAnA patistathA || 26 ||

surANAncha patih shreShThah kapilasya patistathA |
latAnAncha patishchaiva vIrudhAncha patistathA || 27 ||

munInAncha patishchaiva sUryasya patiruttamah |
patishchandramasah shreShThah shukrasya patireva cha || 28 ||

grahANAncha patishchaiva rAkShasAnAm patistathA |
kinnarANAm patishchaiva dvijAnAm patiruttamah || 29 ||

saritAncha patishchaiva samudrANAm patistathA |
sarasAncha patishchaiva bhUtAnAncha patistathA || 30 ||

betAlAnAm patishchaiva kUShmAnDAnAm patistathA |
pakShiNAncha patih shreShThah pashUnAm patireva cha || 31 ||

mahAtmA mangalo meyo mandaro mandareshvarah |
merurmAtA pramANashcha mAdhavo manuvarjitah || 32 ||

mAlAdharo mahAdevo mahAdevena pUjitah |
mahAshAnto mahAbhAgo madhusUdana eva cha || 33 ||

mahAvIryo mahAprANo mArkaNDeya-pravanditah |
mAyAtmA mAyayA baddho mAyayA tu vivarjitah || 34 ||

munistuto munirmaitro mahAnAso mahAhanuh |
mahAbAhur-mahAdanto maraNena vivarjitah || 35 ||

mahAvaktro mahAtmA cha mahAkAro mahodarah |
mahApAdo mahAgrIvo mahAmAnI mahAmanAh || 36 ||

mahAmatir-mahAkAntir-mahArUpo mahAsurah |
madhushcha mAdhavashchaiva mahAdevo maheshvarah || 37 ||

makheShTo makharUpI cha mAnanIyo maheshvarah |
mahAvAto mahAbhAgo mahesho~tItamAnuShah || 38 ||

mAnavashcha manushchaiva mAnavAnA priyankarah |
mrugashcha mruga-pUjyashcha mrugANAncha patistathA || 39 ||

budhasya tu patishchaiva patishchaiva bruhaspateh |
patih shanaishcharasyaiva rAhoh ketoh patistathA || 40 ||

budhasya tu patishchaiva patishchaiva bruhaspateh |
patih shanaishcharasyaiva rAhoh ketoh patistathA || 40 ||

lakShmaNo lakShaNashchaiva lambeShTho lalitastathA |
nAnAlankAra samyukto nAnAchandana-charchitah || 41 ||

nAnAgsojjvalad-vaktro nAnApuShpopa-shobhitah |
rAmo ramApatishchaiva samAryah parameshvarah || 42 ||

ratnado ratnahartA cha rUpI rUpavivarjitah |
mahArUpogra-rUpashcha saumyarUpa-stathaiva cha || 43 ||

nIlamegha-nibhah shuddhah kAlamegha-nibhastathA |
dhUmavarNah pItavarNo nAnArUpo hyavarNakah || 44 ||

virUpo rUpadashchaiva shuklavarNa-stathaiva cha |
sarvavarNo mahAyogI yagyo yagyakruddeva cha || 45 ||

suvarNo varNavAmshchaiva suvarNAkhya-stathaiva cha |
suvarNAvayava-shchaiva suvarNah svarNamekhalah || 46 ||

suvarNasya pradAtA cha suvarNAshas-tathaiva cha |
suvarNasya priyashchaiva suvarNADhya-stathaiva cha || 47 ||

suparNI cha mahAparNah suparNasya cha kAraNam |
vainateyas-tathAditya AdirAdikarah shivah || 48 ||

kAraNam mahatashchaiva purANasya cha kAraNam |
buddhInAm kAraNanchaiva kAraNam manastathA || 49 ||

kAraNam chetasashchaiva ahamkArasya kAraNam |
bhUtAnAm kAraNam tadvat kAraNancha vibhAvasoh || 50 ||

AkAshakAraNam tadvat pruthivyAh kAraNam param |
aNDasya kAraNanchaiva prakruteh kAraNam tathA || 51 ||

dehasya kAraNanchaiva chakShuShashchaiva kAraNam |
shrotrasya kAraNam tadvat kAraNancha tvachastathA || 52 ||

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jihvAyAh kAraNanchaiva prANasyaiva cha kAraNam |
hastayoh kAraNam tadvat pAdayoh kAraNam tathA || 53 ||

vAchashcha kAraNam tadvatpAyoshchaiva tu kAraNam |
indrasya kAraNanchaiva kuberasya cha kAraNam || 54 ||

yamasya kAraNanchaiva IshAnasya cha kAraNam |
yakShANAm kAraNanchaiva rakShasAm kAraNam param || 55 ||

bhUShANAm kAraNam shreShTham dharmasyaiva tu kAraNam |
jantUnAm kAraNanchaiva vasUnAm kAraNam param || 56 ||

manUnAm kAraNanchaiva pakShiNAm kAraNam param |
munInAm kAraNam shreShTham yoginAm kAraNam param || 57 ||

siddhAnAm kAraNanchaiva yakShANAm kAraNam param |
kAraNam kinnarANAncha gandharvANAncha kAraNam || 58 ||

nadAnAm kAraNanchaiva nadInAm kAraNam param |
kAraNancha samudrANAm vrukShANAm kAraNam tathA || 59 ||

kAraNam vIrudhAnchaiva lokAnAm kAraNam tathA |
pAtAlakAraNanchaiva devAnAm kAraNam tathA || 60 ||
sarpANAm kAraNanchaiva shreyasAm kAraNam tathA |
pashUnAm kAraNanchaiva sarveShAm kAraNam tathA || 61 ||

dehAtmA chendriyAtmA cha AtmA buddhistathaiva cha |
manasashcha tathaivAtmA chAtmA-hankArachetasah || 62 ||

jAgratah svapatashchAtmA mahadAtmA parastathA |
pradhAnasya parAtmA cha AkAshAtmA hyapAm tathA || 63 ||

pruthivyAh paramAtmA cha vayasyAtmA tathaiva cha |
gandhasya paramAtmA cha rUpasyAtmA parastathA || 64 ||

shabdAtmA chaiva vAgAtmA sparshAtmA puruShastathA |
shrotrAtmA cha tvagAtmA cha jihvAyAh parAstathA || 65 ||

ghrANAtmA chaiva hastAtmA pAdAtmA paramastathA |
upasthasya tathaivAtmA pAyvAtmA paramastathA || 66 ||

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indrAtmA chaiva brahmAtmA rudrAtmA cha manostathA |
dakShaprajApaterAtmA satyAtmA paramastathA || 67 ||

IshAtmA paramAtmA cha roudrAtmA mokShavidyatih |
yatnavAnshcha tathA yatnashcharmI khaDgyasurAntakah || 68 ||

hrIpravartanashIlashcha yatInAncha hite ratah |
yatirUpI cha yogI cha yogidhyeyo harih shitih || 69 ||

savinmedhA cha kAlashcha UShmA varShA matistathA |
samvatsaro mokShakaro mohapradhvamsakastathA || 70 ||

mohakartA cha duShTAnAm mANDavyo baDavAmukhah |
samvartakah kAlakartA goutamo bhrugurangirAh || 71 ||

atrirvasiShThah pulahah pulastyah kutsa eva cha |
yAgyavalkyo devalashcha vyAsashchaiva parAsharah || 72 ||

sharmmadashchaiva gAngeyo hruShIkesho bruhacChravAh |
keshavah kleshahantA cha sukarNah karNavarjitah || 73 ||

nArAyaNo mahAbhAgah prANasya patireva cha |
apAnasya patishchaiva vyAnasya patireva cha || 74 ||

udAnasya patih shreShThah samAnasya patistathA |
shabdasya cha patih shreShThah sparshasya patireva cha || 75 ||

rUpANAm nrupatishchAdyah khaDgapANirhalAyudhah |
chakrapANih kuNDalI cha shrIvatsAnkastathaiva cha || 76 ||

prakrutih koustubhagrIvah pItAmbaradharastathA |
sumukho durumukhashchaiva mukhena tu vivarjitah || 77 ||

ananto~nantarUpashcha sunakhah surasundarah |
sukalApo vibhur-jiShNur-bhrAjiShNush-cheShudhIstathA || 78 ||

hiraNyakashiporhantA hiraNyAkShavimardakah |
nihantA pUtanAyAshcha bhAskarAntavinAshanah || 79 ||

keshino dalanashchaiva muShTikasya vimardakah |
kamsadAnavabhettA cha chANUrasya pramardakah || 80 ||

ariShTasya nihantA cha akrUrapriya eva cha |
akrUrah krUrarUpashcha hyakrUra-priya-vanditah || 81 ||

bhagahA bhagavAn bhAnustathA bhAgavatah svayam |
uddhavash-choddhavasyesho hyuddhavena vichintitah || 82 ||

chakradhruk chanchalashchaiva chalAchala-vivarjitah |
ahankAro matishchittam gaganam pruthivI jalam || 83 ||

vAyush-chakShus-tathA shrotram jihvA cha ghrANameva cha |
vAkpANipAdo javanah pAyUpastha-stathaiva cha || 84 ||

shankarashchaiva kharvashcha kShAntidah kShAntikrunnarah |
bhakta-priyastathA bhartA bhaktimAn bhaktivardhanah || 85 ||

bhaktastuto bhaktaparah kIrtidah kIrtivardhanah |
kIrtirdIptih kShamA kAntir-bhaktishchaiva dayAparA || 86 ||

dAnam dAtA cha kartA cha devadevapriyah shuchih |
shuchimAn sukhado mokShah kAmashchArthah sahasrapAt || 87 ||

sahasrashIrShA vaidyashcha mokShadvAra-stathaiva cha |
prajAdvAram sahasrAntah sahasrakara eva cha || 88 ||

shukrashcha sukirITI cha sugrIvah koustubhastathA |
pradyumna-shchAniruddha-shcha hayagrIvashcha shUkarah || 89 ||

matsyah parashurAmashcha prahlAdo balireva cha |
sharaNyashchaiva nityashcha buddho muktah sharIrabhrut || 90 ||

kharadoShaNahantA cha rAvaNasya pramardanah |
sItApatishcha varddhiShNurbharatashcha tathaiva cha || 91 ||

kummendrajjinnihantA cha kumbhakarNapramardanah |
narAntakAntakashchaiva devAntakavinAshanah || 92 ||

duShTAsuranihantA cha shambarAristathaiva cha |
narakasya nihantA cha trishIrShasya vinAshanah || 93 ||

yamalArjunabhettA cha tapohitakarastathA |
vAditrashchaiva vAdyashcha buddhashcha vai varapradah || 94 ||

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sArah sArapriyah sourah kAlahantA nikruntanah |
agastyo devalashchaiva nArado nAradapriyah || 95 ||

prANo~pAnastathA vyAnorajah sattvam tamah sharat |
udAnashcha samAnashcha bheShajashcha bhiShakstathA || 96 ||

koTasthah svacCharopashcha sarvadehavivarjitah |
chakShurindriyahInashcha vAgindriyavivarjitah || 97 ||

hastendriyavihInashcha pAdAbhyAncha vivarjitah |
pAyopasthavihInashcha mahAtapovisarjitah || 98 ||

prabodhena vihInashcha buddhyA chaiva vivarjitah |
chetasA vigatashchaiva prANena cha vivarjitah || 99 ||

apAnena vihInashcha vyAnena cha vivarjitah |
udAnena vihInashcha samAnena vivarjitah || 100 ||

AkAshena vihInashcha vAyunA parivarjitah |
agninA cha vihInashcha udakena vivarjitah || 101 ||

pruthivyA cha vihInashcha shabdena cha vivarjitah |
sparshena cha vihInashcha sarvarUpa vivarjitah || 102 ||

rAgeNa vigatashchaiva aghena parivarjitah |
shokena rahitashchaiva vacasA parivarjitah || 103 ||

rajovivarjitashchaiva vikAraih ShaDbhireva cha |
kAmena varjitashchaiva krodhena parivarjitah || 104 ||

lobhena vigatashchaiva dambhena cha vivarjitah |
sUkShmachaiva susUkShamashcha sthUlAtsthUlatarastathA || 105 ||

vishArado balAdhyakShah sarvasya kShobhakastathA |
prakruteh kShobhashchaiva mahatah kShobhastathA || 106 ||

bhUtAnAm kShobhakashchaiva buddheshcha kShobhakastathA |
indriyANAm kShobhakashcha viShayakShobhakastathA || 107 ||

brahmaNah kShobhakashchaiva rudrasya kShobhakastathA |
agamyashchakShurAdeshcha shrotrAgamyastathaiva cha || 108 ||

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tvachA na gamyah kUrmashcha jihvAgrAhyastathaiva cha |
ghrANendriyAgamya eva vAchAnrAhyastathaiva cha || 109 ||

agamyashchaiva pANibhyAm pAdAgamyastathaiva cha |
agrAhyo manasashchaiva buddhayA grAhyo haristathA || 110 ||

ahambuddhayA tathA grAhyashchetasA grAhya eva cha |
shankhapANiravyayashcha gadApANistathaiva cha || 111 ||

shArngapANishcha kruShNashcha gyAnamUrtih parantapah |
tapasvI gyAnagamyo hi gyAnI gyAnavideva cha || 112 ||

gyeyashcha gyeyahInashcha gyaptishchaitanyarUpakah |
bhAvo bhAvyo bhavakaro bhAvano bhavanAshanah || 113 ||

govindo gopatirgopah sarvagopIsukhapradah |
gopAlo gopatishchaiva gomatirgodharastathA || 114 ||

upendrashcha nrusimhashcha shourishchaiva janArdanah |
AraNeyo bruhadbhAnur-bruhaddAptas-tathaiva cha || 115 ||

dAmodaras-trikAlashcha kAlagyah kAlavarjitah |
trisandhyo dvAparam tretA prajAdvAram trivikramah || 116 ||

vikramo daNDahastashcha hyekadaNDI tridaNDadhruk |
sAmabhedas-tathopAyah sAmarUpA cha sAmagah || 117 ||

sAmavedo hyatharvashcha sukrutah sukharUpakah |
atharvavedavichchaiva hyatharvAchArya eva cha || 118 ||

rugrUpI chaiva rugveda rugvedeShu pratiShThitah |
yajurvettA yajurvedo yajurveda videkapAt || 119 ||

bahupAccha supAchchaiva tathA chaiva sahasrapAt |
chatuShpAchchaiva dvipAchchaiva smrutirnyAyopamI balI || 120 ||

sanyAsI chaiva sanyAsashchaturAshrama eva cha |
brahmachArI gruhasthashcha bANaprasthashcha bhikShukah || 121 ||

brAhmaNah kShatriyo vaishyah shUdro varNastathaiva cha |
shAladah shIlasampanno duhshIlaparivarjitah || 122 ||

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gokSho&dhyAtmasamAviShTah stutih stotA cha pUjakah |
pUjyo vAkkaraNanchaiva vAchyashchaiva tu vAchaka h || 123 ||

vettA vyAkaraNashchaiva vAkyanchaiva cha vAkyavit |
vAkyagamyastIrthavAsI tIrthastIrthI cha tIrthavit || 124 ||

tIrthAdibhUtah sAnkhyashcha niruktam tvabhidaivatam |
praNavah praNaveshashcha praNaveNa pravanditah || 125 ||

praNavena cha lakShyo vai gAyatrI cha gadAdharah |
shAlagrAmanivAsI cha shAlagrAmastathaiva cha || 126 ||

jalashAyI yogashAyI sheShashAyI kusheshayah |
mahIbhartA cha kAryancha kAraNam pruthivIdharah || 127 ||

prajApatih shAshvatashcha kAmyah kAmayitA virAT |
samrAT pUShA tathA svargo rathasthah sArathirbalam || 128 ||

dhanI dhanaprado dhanyo yAdavAnAm hite ratah |
arjunasya priyashchaiva hyarjuno bhIma eva cha || 129 ||

parAkramI durvisahah sarvashAstravishAradah |
sArasvato mahAbhIShmah pArijAtaharastathA || 130 ||

amrutasya pradAtA cha kShIrodah kShIra eva cha |
indrAtmajastasya goptA govarddhanadharastathA || 131 ||

kamsasya nAshanastadvarddhAstapo hastinAshanah |
shipiviShTah prasannashcha sarvalokArtinAshanah || 132 ||

mudro mudrAkarashchaiva sarvamudrAvivarjitah |
dehI dehasthitashcha dehasya cha niyAmakah || 133 ||

shrotA shrotraniyantA cha shrotavyah shravaNastathA |
tvaksthistashcha sparshayitA sprushyancha sparshanam tathA || 134 ||

chakShuhstho rUpadraShTA cha niyantA chakShustathA |
drushyanchaiva tu jihvAstho rasagyashcha niyAmakah || 135 ||

ghrANastho ghrANakrudghrAtA ghrANendriya niyAmakah |
vAkttho vaktA cha vaktavyo vachanam vAnnimAyakah || 136 ||

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prANisthah shilpakruchChilpI hastayoshcha niyAmakah |
padavyashchaiva gantA cha gantavyamgamana tathA || 137 ||

niyantA pAdayoshchaiva pAdyabhAk cha visargakrut |
visargasya niyantA cha hyupasthasthah sukhastathA || 138 ||

upasthasya niyantA cha tadAnandakarashcha ha |
shatrughnah kArttavIryashcha dattAtreyastathaiva cha || 139 ||

alarkasya hitashchaiva kArttavIryanikruntanah |
kAlanemirmahAnemimegho meghapatistathA || 140 ||

annaprado&nnarUpI cha hyannAdo&nnapravartakah |
dhUmakruddhUmarUpashcha devakIputra uttamah || 141 ||

devakyAnandano nandorohiNyA priya eva chah |
vasudevapriyashchaiva vasudevasutastathA || 142 ||

dundubhirhAsarUpashcha puShpahAsastashchaiva cha |
aTTahAsapriyashchaiva sarvAdhyakShah kSharo&kSharah || 143 ||

achyutashchaiva satyeshah satyAyAshcha priyo varah |
rukmiNyAshcha patishchaiva rukmiNyA vallabhastathA || 144 ||

gopInAm vallabhashchaiva puNyalokashcha vishrutah |
vruShAkapiryamo guhyo mangaLashcha budhastathA || 145 ||

rAhuh keturgraho grAho gajendramukhamelakah |
grAhasya vinihantA cha grAmaNI rakShakastathA || 146 ||

kinnarashchaiva siddhashcha Chandah svacChanda eva cha |
vishvarUpo vishAlAkSho daityasUdana eva cha || 147 ||

anantarUpo bhUtastho devadAnavasamsthitah |
suShuptisthah suShuptishcha sthAnam sthAnAnta eva cha || 148 ||

jagatsthashchaiva jAgartAsthAnam jAgaritam tathA |
svapnastha svapnavitsvapnam sthAnasthah sustha eva cha || 149 ||

jAgratsvapna suShupteshcha vihAno vai chaturthakah |
vigyAnam chaitrarUpashcha jIvo jIvayitA tathA || 150 ||

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bhuvanAdhipatishchaiva bhuvanAnAm niyAmakah |
pAtALavAsI pAtALam sarvajvaravinAshanah || 151 ||

paramAnandarUpI cha dharmANAncha pravartakah |
sulabho durlabhashchaiva prANAyAmaparastathA || 152 ||

pratyAhAro dhArakashcha pratyAhArakarastathA |
prabhAkAntistathA hyarchih shuddhah sphaTikasannibhah || 153 ||

agrAhyashchaiva gourashcha sarvah shuchirah bhaShTutah |
vaShaTkAro vaShaDvouShaT svadhA svAhA ratistathA || 154 ||

paktA nandayitA bhoktA bAddhA bhAvayitA tathA |
nAnAtmA chaiva UhAtmA bhUmA sarveshvareshvarah || 155 ||

nadI nandI cha nandIsho bhAratastarunAshanah |
chakrapah shrIpatishchaiva nrupashcha chakravartinAm || 156 ||

Ishashcha sarvadevAnAm svAvakAsham sthitastathA |
puShkarah puShkarAdhyakShah puShkaradvIpa eva cha || 157 ||

bharato janako janyah sarvAkAravivarjitah |
nirAkAro nirnimitto nirAtanko nirAshrayah || 158 ||

iti nAmasahasram te vruShabhadhvaja kIrtimam |
devasya viShNorIshasya sarvapApavinAshanam || 159 ||

paThan dvijashcha viShNuttvam kShatriyo jayamApnuyAt |
vaishyo dhanam sukham shUdro viShNubhaktisamanvitah || 160 ||

|| iti gAruDe mahApurANe shrI viShNoh sahasranAmastotram sampUrNam ||

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